



2015 Annual Members' Day

Tuesday 22 September
10am – 4pm

The Barbican Centre, York, YO10 4AH

Our special guest stars

Would you like to be a professional rugby player for an hour? In support of our Man Up? campaign, State of Mind will take you into the all-male world of the professional rugby team to think and feel like a player. This presentation isn't just about sport, but how men cope and come to terms with challenging and life-changing situations.

Get involved!

- **join a choir, play an instrument, be part of our 'mantage'**
- **information stalls – advice, information and freebies from groups, projects and services**
- **live music, art display, pop-up cinema**

The day will start with the formal Annual Members' Meeting. We have over 18,000 members and there are a limited number of spaces available for this fantastic day. Transport from Leeds is available on a first-come-first-served basis. Q-Park Barbican parking vouchers available.

Booking is essential. **Call 0113 85 55900**
or email **ftmembership.lypft@nhs.uk**

Refreshments provided by **FOODWORKS** ✂

